



ENGLISH GYMNASTICS

English Qualifier 2 Competition Time Table

Saturday Programme

Trampoline Time Table

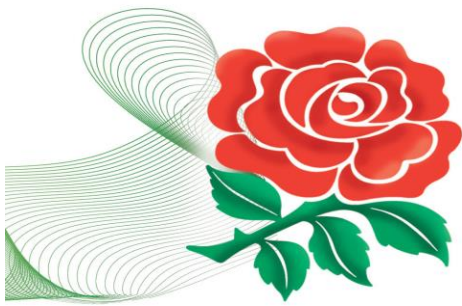
Level	Flight		Panel 1		Panel 2		Panel 3		Panel 4	
TRA Silver	1	Age Group:	11-12 Female		11-12 Male		13-14 Male		9-10 Male	
		No:	(1-16)		(1-15)		(1-18)		(1-15)	
		Floor Warm Up:	09:00	09:20	09:00	09:20	09:00	09:20	09:00	09:20
		Tramp Warm Up:	09:25	09:45	09:25	09:45	09:25	09:45	09:25	09:45
		One Touch:	09:45	09:55	09:45	09:55	09:45	09:55	09:45	09:55
		Compete:	09:55	10:20	09:55	10:20	09:55	10:20	09:55	10:20
		Leave Field of Play	10:20	10:25	10:20	10:25	10:20	10:25	10:20	10:25
	2	Age Group:	11-12 Female		15-16 Male & Female		13-14 Female		9-10 Female	
		No:	(17-32)		(1-6) & (1-10)		(1-16)		(1-16)	
		Floor Warm Up:	10:05	10:25	10:05	10:25	10:05	10:25	10:05	10:25
		Tramp Warm Up:	10:30	10:50	10:30	10:50	10:30	10:50	10:30	10:50
		One Touch:	10:50	11:00	10:50	11:00	10:50	11:00	10:50	11:00
		Compete:	11:00	11:25	11:00	11:25	11:00	11:25	11:00	11:25
		Leave Field of Play	11:25	11:30	11:25	11:30	11:25	11:30	11:25	11:30
	3	Age Group:	11-12 Female		15-16 Female & 17+ Female		13-14 Female		9-10 Female	
		No:	(33-48)		(11-20) & (1-6)		(17-32)		(17-32)	
		Floor Warm Up:	11:10	11:30	11:10	11:30	11:10	11:30	11:10	11:30
		Tramp Warm Up:	11:35	11:55	11:35	11:55	11:35	11:55	11:35	11:55
		One Touch:	11:55	12:05	11:55	12:05	11:55	12:05	11:55	12:05
		Compete:	12:05	12:40	12:05	12:40	12:05	12:40	12:05	12:40
		Leave Field of Play	12:40	12:45	12:40	12:45	12:40	12:45	12:40	12:45

Judges Lunch

TRA Silver	4	Age Group:	11-12 Female		17+ Female		13-14 Female		9-10 Female & Disability Cat 2 (All) & Cat 1 15+ Female	
		No:	(49-64)		(7-22)		(33-48)		(33-41) & (1-5) & (1-3)	
		Floor Warm Up:	12:45	13:05	12:45	13:05	12:45	13:05	12:45	13:05
		Tramp Warm Up:	13:10	13:30	13:10	13:30	13:10	13:30	13:10	13:30
		One Touch:	13:30	13:40	13:30	13:40	13:30	13:40	13:30	13:40
		Compete:	13:40	14:15	13:40	14:15	13:40	14:15	13:40	14:15
		Leave Field of Play	14:15	14:20	14:15	14:20	14:15	14:20	14:15	14:20
	5	Age Group:	Mixed Youth TRS		17+ Female		13-14 Female		Disabilities All Remaining Cat 1 Groups	
		No:	(1-6)		(23-38)		(49-55)		(All)	
		Floor Warm Up:	14:00	14:20	14:00	14:20	14:00	14:20	14:00	14:20
		Tramp Warm Up:	14:25	14:45	14:25	14:45	14:25	14:45	14:25	14:45
		One Touch:	14:45	14:55	14:45	14:55	14:45	14:55	14:45	14:55
		Compete:	14:55	15:20	14:55	15:20	14:55	15:20	14:55	15:20
		Leave Field of Play	15:20	15:25	15:20	15:25	15:20	15:25	15:20	15:25
	6	Age Group:	Mixed Youth TRS		17+ Male				TRS Disabilities & TRS Junior Female	
		No:	(7-11)		(1-14)				(1-3) & (1-5)	
		Floor Warm Up:	15:05	15:25	15:05	15:25			15:05	15:25
		Tramp Warm Up:	15:30	15:50	15:30	15:50			15:30	15:50
		One Touch:	15:50	16:00	15:50	16:00			15:50	16:00
		Compete:	16:00	16:25	16:00	16:25			16:00	16:25
		Leave Field of Play	16:25	16:30	16:25	16:30			16:25	16:30

DMT Silver Time Table

Level	Flight			Panel 5		Panel 6		
DMT Silver	1	Age Group:		13-14 Female		11-12 Female		
		No:		(1-16)		(1-16)		
		Floor Warm Up:		08:30	08:55	08:30	08:55	
		Warmup First 2 Exercises		09:00	09:25	09:00	09:25	
		Compete Qualifiers 1 & 2		09:25	09:50	09:25	09:50	
		Warm Up Final Passes						
		Compete Final 1						
		Compete Final 2						
	2	Age Group:		13-14 Female		11-12 Female &		
		No:		(17-29)		(17-25)		
		Floor Warm Up:		09:25	09:50	09:25	09:50	
		Warmup First 2 Exercises		09:55	10:20	09:55	10:20	
		Compete Qualifiers 1 & 2		10:20	10:45	10:20	10:45	
		Warm Up Final Passes		10:45	11:00	10:45	11:00	
		Compete Final 1		11:00	11:10	11:00	11:10	
		Compete Final 2		11:10	11:15	11:10	11:15	
	3	Age Group:		9-10 Male & 17+ Male		Disability All Groups		
		No:		(1) & (1-5)		(1-6) & (1)		
		Floor Warm Up:		10:50	11:15	10:50	11:15	
		Warmup First 2 Exercises		11:20	11:45	11:20	11:45	
		Compete Qualifiers 1 & 2		11:45	12:10	11:45	12:10	
		Warm Up Final Passes		12:10	12:25	12:10	12:25	
		Compete Final 1		12:25	12:35	12:25	12:35	
		Compete Final 2		12:35	12:40	12:35	12:40	
Judges Lunch								
	4	Age Group:		9-10 Female		11-12 & 13-14 Male		
		No:		(1-16)		(1-7) & (1-7)		
		Floor Warm Up:		12:40	13:05	12:40	13:05	
		Warmup First 3 Exercises		13:10	13:35	13:10	13:35	
		Compete Qualifiers 1 & 2		13:35	14:00	13:35	14:00	
		Warm Up Final Passes		14:00	14:15	14:00	14:15	
		Compete Final 1		14:15	14:25	14:15	14:25	
		Compete Final 2		14:25	14:30	14:25	14:30	
	5	Age Group:		15-16 Male & Female		17 + Female		
		No:		(1-4) & (1-9)		(1-14)		
		Floor Warm Up:		14:05	14:30	14:05	14:30	
		Warmup First 3 Exercises		14:35	15:00	14:35	15:00	
		Compete Qualifiers 1 & 2		15:00	15:25	15:00	15:25	
		Warm Up Final Passes		15:25	15:40	15:25	15:40	
		Compete Final 1		15:40	15:50	15:40	15:50	
		Compete Final 2		15:50	15:55	15:50	15:55	



ENGLISH GYMNASTICS

English Qualifier 2 Competition Time Table

Sunday Programme

Trampoline Time Table

Level	Flight		Panel 1		Panel 2		Panel 3		Panel 4	
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TRA Gold	1	Age Group:	13-14 Male		13-14 Female		15-16 Female		Youth Female	
		No:	(1-16)		(1-15)		(1-18)		(1-16)	
		Floor Warm Up:	09:00	09:20	09:00	09:20	09:00	09:20	09:00	09:20
		Tramp Warm Up:	09:25	09:45	09:25	09:45	09:25	09:45	09:25	09:45
		One Touch:	09:45	09:55	09:45	09:55	09:45	09:55	09:45	09:55
		Compete:	09:55	10:35	09:55	10:35	09:55	10:35	09:55	10:35
		Leave Field of Play	10:35	10:40	10:35	10:40	10:35	10:40	10:35	10:40
	2	Age Group:	Junior Female		13-14 Female		15 -16 Female		Youth Female & Male	
		No:	(1-12)		(16-30)		(19-35)		(17-29) (1-3)	
		Floor Warm Up:	10:20	10:40	10:20	10:40	10:20	10:40	10:20	10:40
		Tramp Warm Up:	10:45	11:05	10:45	11:05	10:45	11:05	10:45	11:05
		One Touch:	11:05	11:15	11:05	11:15	11:05	11:15	11:05	11:15
		Compete:	11:15	11:55	11:15	11:55	11:15	11:55	11:15	11:55
		Leave Field of Play	11:55	12:00	11:55	12:00	11:55	12:00	11:55	12:00
	3	Age Group:	Junior Female		Senior Female		Senior Male		Youth Male	
		No:	(13-25)		(1-12)		(1-10)		(4-20)	
		Floor Warm Up:	11:40	12:00	11:40	12:00	11:40	12:00	11:40	12:00
		Tramp Warm Up:	12:05	12:25	12:05	12:25	12:05	12:25	12:05	12:25
		One Touch:	12:25	12:35	12:25	12:35	12:25	12:35	12:25	12:35
		Compete:	12:35	13:15	12:35	13:15	12:35	13:15	12:35	13:15
		Leave Field of Play	13:15	13:20	13:15	13:20	13:15	13:20	13:15	13:20

Judges Lunch

TRA Gold	4	Age Group:	Disability Cat 1 15+ Female & Male		Senior Female		Senior Male		Junior Male	
		No:	(1-6) & (1-8)		(13-24)		(11-20)		(1-19)	
		Floor Warm Up:	13:20	13:40	13:20	13:40	13:20	13:40	13:20	13:40
		Tramp Warm Up:	13:45	14:05	13:45	14:10	13:45	14:10	13:45	14:10
		One Touch:	14:05	14:20	14:10	14:20	14:10	14:20	14:10	14:20
		Compete:	14:20	15:00	14:20	15:00	14:20	15:00	14:20	15:00
		Leave Field of Play	15:00	15:05	15:00	15:05	15:00	15:05	15:00	15:05
	5	Age Group:	Disability Cat 1 (9-14) Female + Male & Cat 2 All Groups		TRS Junior Female		TRS Senior Male & Senior Female		15-16 Male	
		No:			1-9)		(1) & (1-3)		(1-15)	
		Floor Warm Up:	14:40	15:05	14:40	15:05	14:40	15:05	14:40	15:05
		Tramp Warm Up:	15:10	15:30	15:10	15:30	15:10	15:30	15:10	15:30
		One Touch:	15:30	15:45	15:30	15:45	15:30	15:45	15:30	15:45
		Compete:	15:45	16:25	15:45	16:25	15:45	16:25	15:45	16:25
		Leave Field of Play	16:25	16:30	16:25	16:30	16:25	16:30	16:25	16:30
	6	Age Group:	Disability TRS All & Mixed TRS		TRS Junior Female		TRS Junior Male			
		No:	(1-3) & (1-4)		(10-17)		(1-3)			
		Floor Warm Up:	16:05	16:30	16:05	16:30	16:05	16:30		
		Tramp Warm Up:	16:35	16:55	16:35	16:55	16:35	16:55		
		One Touch:	16:55	17:10	16:55	17:05	16:55	17:05		
		Compete:	17:10	17:50	17:05	17:45	17:05	17:45		
		Leave Field of Play	17:50	17:55	17:45	17:50	17:45	17:50		

DMT Gold Time Table

Level	Flight				Panel 5		Panel 6		
DMT Gold	1	Age Group:		15-16 Male + Female		Youth Male			
		No:	(1-7) + (1-8)		(1-12)				
		Floor Warm Up:	08:30	08:50	08:30	08:50			
		Warm Up Pass 1 & 2	08:55	09:20	08:55	09:20			
		Compete Qualifiers 1 & 2	09:20	09:45	09:20	09:45			
		Warm up Final Passes	09:45	10:00	09:45	10:00			
		Compete Final 1	10:00	10:10	10:00	10:10			
		Compete Final 2	10:10	10:20	10:10	10:20			
	2	Age Group:		Senior Female		Senior Male			
		No:	(1-13)		(1-12)				
		Floor Warm Up:	10:00	10:20	10:00	10:20			
		Warm Up Pass 1 & 2	10:25	10:50	10:25	10:50			
		Compete Qualifiers 1 & 2	10:50	11:15	10:50	11:15			
		Warm up Final Passes	11:15	11:30	11:15	11:30			
		Compete Final 1	11:30	11:40	11:30	11:40			
		Compete Final 2	11:40	11:50	11:40	11:50			
	3	Age Group:		Disability Groups & Junior Male		Youth Female			
		No:	(1-6) & (1-6)		(1-14)				
		Floor Warm Up:	11:30	11:50	11:30	11:50			
		Warm Up Pass 1 & 2	11:55	12:20	11:55	12:20			
		Compete Qualifiers 1 & 2	12:20	12:45	12:20	12:45			
		Warm up Final Passes	12:45	13:00	12:45	13:00			
		Compete Final 1	13:00	13:10	13:00	13:10			
		Compete Final 2	13:10	13:20	13:10	13:20			
Judges Lunch									
DMT Gold	4	Age Group:		Junior Female		13-14 Male			
		No:	(1-14)		(1-7)				
		Floor Warm Up:	13:20	13:40	13:20	13:40			
		Warm Up Pass 1 & 2	13:45	14:10	13:45	14:10			
		Compete Qualifiers 1 & 2	14:10	14:35	14:10	14:35			
		Warm up Final Passes	14:35	14:50	14:35	14:50			
		Compete Final 1	14:50	15:00	14:50	15:00			
		Compete Final 2	15:00	15:10	15:00	15:10			
	5	Age Group:					13-14 Female		
		No:	(1-12)						
		Floor Warm Up:	14:50				15:10		
		Warm Up Pass 1 & 2	15:15				15:40		
		Compete Qualifiers 1 & 2	15:40				16:05		
		Warm up Final Passes	16:05				16:20		
		Compete Final 1	16:20				16:30		
		Compete Final 2	16:30				16:40		